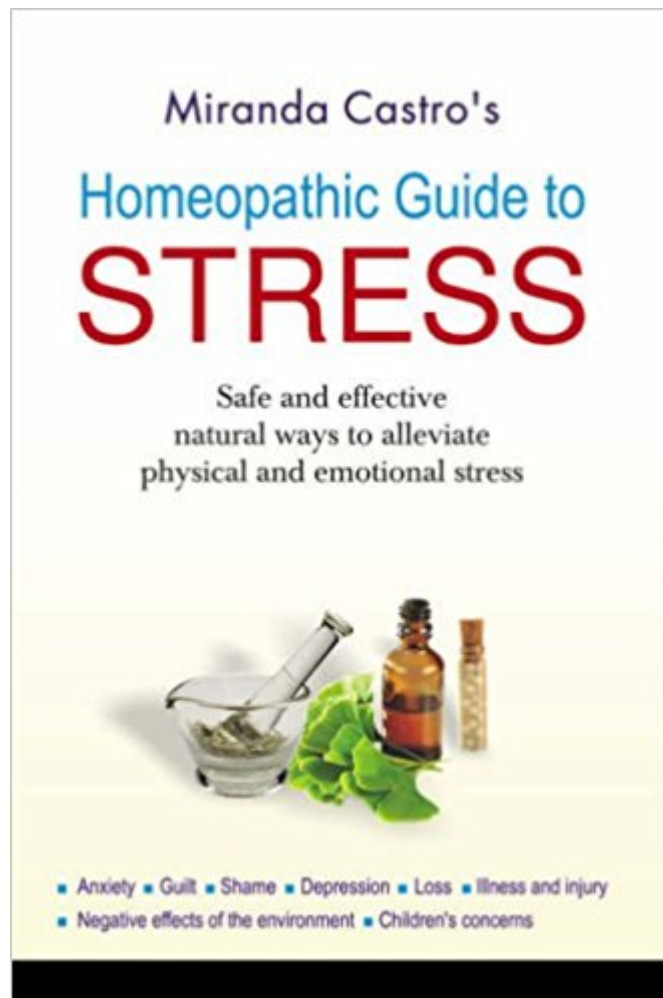




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Homeopathic Guide To Stress: Safe And Effective Natural Way To Alleviate Physical And Emotional Stress Anxiety, Guilt, Shame, Depression, Loss, Illness And Injury, Negative Effect





Synopsis

From nervousness and anxiety to the effects of caffeine, allergies and long hours in the workplace, we are bombarded with emotional and physical stress every day. This book presents inexpensive and easy-to-use ways to self-treat its symptoms and to handle it properly.

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